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Hepatitis c genotype 1 treatment guidelines

Would you know if hepatitis C set up shop in the liver? Most people with this blood-borne infection have no idea. Symptoms of hepatitis C are often vague or non-existent. Sometimes the symptoms appear only years down the road, after the liver has been beaten. You may develop mild flu-like symptoms when you are first exposed to hepatitis C. But most acute, or recently acquired, infections go unnoticed, doctors say. Experts say that roughly 20% of people who are infected with a clear virus from their body without treatment. But most people continue to develop chronic infection. Hepatitis C can live quietly in a person's body for many, many years. But it's not doing anything-it's replicating it, says Amy Jessop, PhD, director of the Hepatitis Training, Research and Education Center (HepTREC) in Philadelphia. Doctors have no way of predicting whose disease will remain asymptomatic and whose causes mild to severe symptoms, says Aaron Glatt, M.D., Infectious Diseases Society of America (IDSA) spokesman and chair of the department of medicine at South Nassau Community Hospital in Oceanside, New York. The most burdensome symptoms of hep C usually signal impaired liver function or liver scarring (known as cirrhosis), but the absence of symptoms does not mean you are out of the woods. Many patients are asymptomatic, even if they have a significant long-term illness, says Dr Glatt. That is why experts say that you should never wait for symptoms to appear. If you think you have been exposed to the hepatitis C virus, talk to your doctor about how to get tested. RELATED: 7 Celebrities to Live With Hepatitis C Someone newly infected with hepatitis C may develop a mild fever. But most people don't have a strong immediate response to the virus, notes Jessop, who is also an associate professor of public health at Western Michigan University in Kalamazoo. Initially, you may feel tired as your body tries to fight the virus. If the infection becomes chronic, you may have a period of fatigue or just a general feeling that they are smoothed out. It's kind of there all the time at a low level, says Jessop. Blaire E. Burman, M.D., director of the hepatitis C treatment clinic at Virginia Mason Medical Center in Seattle, says her patients tend to report fatigue more often than men. RELATED: 14 Reasons Why You're Always Tired People notice it in your hands and wrists, says Dr. Burman. The liver doesn't have nerve endings that can feel pain, but the connective tissue capsules surrounding the liver do. Dr. Burman explains. With acute hepatitis C infection, sudden inflammation of the liver can stretch this outer layer of tissue, causing pain in the upper right abdomen, he says. You should not have abdominal pain with chronic hepatitis C, he adds. Loss of appetite can be a symptom of both acute and chronic hepatitis C. RELATED: 5 Surprising facts about nausea and vomiting of the liver are among the nonspecific symptoms of acute and chronic C. When your liver doesn't work well, that's when more serious symptoms, such as vomiting, usually occur, Jessop says. When your body decomposes old red blood cells, it forms a yellow-orange pigment called bilirubin. Excess bilirubin in the blood causes jaundice, yellowing of the skin or whites of the eyes. Hepatitis, including acute and chronic hepatitis C, is one of the common causes of jaundice. If someone thinks they have jaundice, they should get to the doctor right away because it's a sign that your liver is having problems, says Jessop. Skin symptoms may be less noticeable in someone who is dark skinned, he adds. RELATED: 8 Things You Probably Didn't Know About Hepatitis Normally, bilirubin binds with bile in the liver and gets secreted. It's a big part of what gives your stool a dark brown color. High levels of bilirubin excreted in the urine is another sign of jaundice. Instead of yellow or straw-colored pee, it could be as dark as cola. Dark urine alone doesn't necessarily mean you have a hepatitis C infection, though. There are many other things that can cause darker urine, including dehydration, Dr. Glatt says. RELATED: What Your Pee Color Says About Your Health Technically, It is Called Ascites-Abnormal Fluid Buildup In Your Abdomen. Large abdomen can be a complication of long-term, untreated chronic hepatitis C. Here's what happens: Severe liver scarring puts pressure on blood vessels supplying the liver with blood, causing fluid to leak from blood vessels and pool in the abdomen. Dr. Burman says it could be caused by a physical victim battling a chronic viral infection. Or the fatigue and malaise that accompany it. Or even the stigma of the disease. The exact relationship remains unclear. RELATED: 10 Health Conditions That Are Associated With Depression Scientists have suggested several possible causes of cognitive impairment in chronic hepatitis C. It is possible that the virus directly affects the brain, for example, or it could be a secondary effect of the infection fight process. Hepatitis C is a liver infection caused by the hepatitis C virus. Hepatitis C is often described as acute, which means a new infection or chronic, which means lifelong infection. The virus is most often spread through needle sharing syringes, or other equipment used for injecting drug use; random needle sticks in medical institutions; and born to a mother who is already infected. VA hepatitis C research deals with prevention, treatment and quality of life management. Search results were generated based on the search term Hepatitis C. Results are updated weekly as new data are available. VIEW. Quote | Publication reports | Study | HSR&#amp;d Briefs, News, Newsletters | Spotlight | Cyberminers | Videos | Podcasts | Other Sources Citation (5 of more than 411 hepatitis C targeted publications) Ismail MS, Hassan M, Khaderi SA, Yousry WA, El-Din MM, Bahaa El-Din MM, El Sayed OA, Kaseb AO, Goss JA, Kanwal F, Jalal PK. Clinical efficacy of direct-acting antiviral therapy for recurrent hepatitis C viral infections after liver transplantation in patients with hepatocellular carcinoma. World Journal of Hepatology. 2020 September 27; 12(9):628-640. Yakovchenko V, DeSotto K, Drainoni ML, Lukesh W, Miller DR, Park A, Shao Q, Thornton DJ, Gifford AL. Use Lean-Facilitation to improve the quality of hepatitis C testing in primary care. Journal of General Internal Medicine. 2020 September 15. Ioannou GN, Tang W, Beste LA, Tincopa MA, Su GL, Van T, Tapper EB, Singal AG, Zhu J, Waljee AK. Evaluation of the deep learning model predict hepatocellular carcinoma in patients with hepatitis C cirrhosis. Jama network open. 2020 1. 3(9):e2015626. Reader SW, Kim HS, El-Serag HB, Thrift AP. Persistent Challenges in the Continuum of Hepatitis C Virus Continuum Care for Patients in central Texas Public Health System. Open forum of infectious diseases. 2020 Aug 1; 7(8):ofaa322. Shakeri A, Srimurugathasan N, Suda KJ, Gomes T, Tadrous M. Spending on hepatitis C antivirals in the United States and Canada, 2014 through 2018. 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